



Proportions based on a guaranteed minimum monthly salary of 255,000yen

Rent = 78,000 (maximum per person)

Tax = 15,000

Medical Insurance = 6,600

Bills (monthly average) = 20,000

Living Costs = 96,000
(i.e. 3,200 yen per day minimum for basic food/travel etc.)

Please note that bills and living costs vary from person to person!

Shane English School Japan

Monthly Expenditure Guide

Salary (Guaranteed Min. for Celta-qualified teacher) = 255,000

- Rent (<i>Maximum per person</i>)	78,000
- Tax (<i>dependent on salary</i>)	15,000
- Medical insurance	6,000
- Bills (<i>variable</i>) average/month	20,000

= Expendable income 136,000

Living Expenses

Please remember that these figures are intended as a general guide only and that every individual teacher's expenditure is different depending on their lifestyle.

	Day	Week (Dayx7)	Day	Week (Dayx7)
	<i>Cheap</i>		<i>Average-Expensive</i>	
Breakfast	300	2,100	500	3,500
Lunch	600	4,200	1,000	7,000
Dinner	1,200	8,400	2,000	14,000
Entertainment (izakaya/night out/cinema)		6,000 (3 nights x 2,000yen)		9,000 (3 nights x 3000yen)
Transport (not work)		1,000		2,000
Sundries (cigarettes, tea, coffee etc.)	360	2,520	500	3,500
Totals (weekly)		24,220		39,000
Totals (monthly)		<u>96,880</u>		<u>156,000</u>

This means that, as a guide, teachers should budget to spend between 3,000yen (minimum) – 5,000yen per day depending on priorities and lifestyles.